

# MONA VALE 2010 TIMETABLE

*FitnessFirst*

**Dance  
First  
Academy**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>STUDIO 2</b>	9.15-10.00am 3-5yrs <b>BABY BALLET</b>			9.45-10.30am 3-5yrs <b>BABY JUST DANCE</b> (Ballet/Jazz/Tap)		9.30-10.30am 6-7 YRS <b>BALLET GRADE 2</b>
<b>STUDIO 2</b>	10.00-10.45am 3-5yrs <b>MOVE &amp; GROOVE</b>					10.30-11.15am 5+yrs <b>JUST DANCE</b> (Ballet/tap/Jazz)
<b>STUDIO 1</b>						
<b>STUDIO 2</b>	3.45-4.35pm 5-7 yrs <b>STREET JAZZ</b>	3.45-4.35pm 8-12yrs <b>JUNIOR HIP HOP</b>	3.45-4.35pm 7-9 yrs <b>STREET JAZZ</b>	3.45-4.35pm 7-11yrs <b>JUNIOR CONTEMPORARY</b>		
<b>STUDIO 1</b>	4.35-5.30pm 5yrs+ <b>BALLET GRADE 1</b>	4:35-5:35pm <b>PERFORMANCE TEAM</b> 14/under Audition Only	4.35-5.30pm 5-10Yrs Approx <b>GLENWOOD TAP GRADE 1 &amp; 2</b>	4.35-5.30pm 11-13 <b>STREET JAZZ</b>		
<b>STUDIO 2</b>	4.35-5.30pm <b>INTERMEDIATE FOUNDATION BALLET (POINTE)</b>		4.35-5.30pm 7-8yrs <b>RADBALLET GRADE 2</b>	4.35-5.30pm 8-10yrs <b>STREET FUNK</b>		
<b>JUNIOR CARE STUDIO</b>		5.30-6.30pm 11-13yrs <b>STRETCH &amp; STRENGTH TECHNIQUE</b>				
<b>STUDIO 2</b>				5.30-6.30pm <b>ACROBATICS</b> Open Age		
<b>JUNIOR CARE STUDIO</b>	5.30-6.30pm 11yrs+ <b>GLENWOOD TAP GRADES 3&amp;4</b>		5.30-6.30pm <b>SINGING OPEN AGE</b>			
<b>STUDIO 2</b>	6.30-7.30pm 13yrs+ <b>STREET JAZZ</b>	6.30 - 7.30pm 14/under <b>OPEN BALLET</b>	6.30-7.30pm 11+ yrs <b>SENIOR CONTEMPORARY</b>	5.30-6.30pm 7-12yrs <b>BOYS HIP HOP &amp; BREAKDANCING</b>		
<b>STUDIO 2</b>				6.30-7.30pm <b>12+ YRS SENIOR HIP HOP</b>		